

# Jo Brown

## Email

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## Address

Nottingham, United Kingdom

## Phone number

+44 7306 194203

## CAREER EXPERIENCE

### Staff Nurse

Nottingham University Hospitals NHS Trust – City Campus

2015 - Present

Provide day-to-day healthcare to adult patients with acute and chronic medical conditions. Conduct initial patient assessment, monitor vital signs, and nurture patients to recovery. Proactively observe and interpret symptoms and communicate findings to physicians to devise individualised treatment plans. Administer medication, file reports, and perform routine medical procedures.

- Improved staff morale by suggesting bonuses and revised salary plans.
- Supervised and trained 20+ new nurses in neonatal intensive care and cardiac care units.
- Initiated emergency care unit for patients with chronic illnesses which improved medical response time.

### Staff Nurse

Nottingham University Hospitals NHS Trust – Queen's Medical Centre

2011 - 2015

Supported all aspects of emergency treatment and patient care including assisting physicians during emergency procedures. Tracked, assessed, and monitored patients' conditions to provide the best care and advice. Liaised with physicians and nurses to devise individualised treatments for patients, adjusting and administering medication as required.

- Developed new nursing standards and processes, resulting in a better quality of patient care.
- Created and led the rollout of dedicated care plans aimed at assisting patients with rehabilitation and psychological help.
- Recognised by senior staff members and physicians for providing exemplary leadership amongst nurses.

## PERSONAL PROFILE

Registered nurse with 10+ years of experience in providing physical and psychological support to patients. Excellent interpersonal skills with proven success in collaborating with medical teams to establish well-resourced and healthy environments.

## AREAS OF EXPERTISE

Nursing, advanced cardiovascular life support, standard medical procedures, staff training, patient assessment, hospital administration, treatment/care plan development, and health and safety standards.

## EDUCATION

Bachelor of Science (Honours) in Nursing  
University of Plymouth, UK, 2010

Access to Higher Education Diploma: Nursing and Midwifery  
Nottingham College, UK, 2008

## CERTIFICATIONS

NMC Certificate  
Nursing and Midwifery Council (NMC), UK