

SARAH MACDONALD

PERSONAL DETAILS

Name

Sarah MacDonald

Address

London, UK

Phone number

+44 161 496 0776

Email

example@cvmaker.uk

SKILLS

- Patient Care and Support
- Vital Signs Monitoring
- Medication Administration
- Infection Control Procedures
- Medical Equipment Operation
- Medical Records Management
- Health and Safety Compliance
- CPR and Basic Life Support (BLS)
- Patient Transfer Techniques
- Emergency Response

COURSES & CERTIFICATES

First Aid and Basic Life Support

Mandatory Training Group | 2020

Safeguarding Vulnerable Adults and

Children

CPD | 2019

Compassionate and dedicated healthcare assistant with a genuine passion for providing high-quality care and support to patients. Excellent communication and interpersonal skills, adept at building strong rapport with patients and healthcare professionals. Proactive team player who can handle challenging situations with calmness and efficiency, always striving to ensure the well-being and comfort of patients.

WORK EXPERIENCE

Healthcare Assistant

2021 - Present

St. Mary's Hospital, London

Provide care and support to patients with various medical conditions, including feeding, bathing, and dressing. Collaborate with healthcare professionals to ensure seamless patient care. Monitor vital signs and report any changes to the nursing staff promptly. Administer medications under the supervision and direction of registered nurses.

- Earned recommendations from patients and healthcare professionals for being reliable and empathetic.
- Displayed exceptional attention to detail and competence in administering medications under the supervision and direction of registered nurses, ensuring accurate dosages and timely administration.

Healthcare Assistant

2019 - 2021

Royal General Hospital, Birmingham

Assisted nursing staff in caring for patients across different departments, including surgical, medical, and geriatric units. Supported patients with mobility, helping with transfers and exercises. Documented patient information accurately and maintained patient records.

- Received positive feedback from nursing supervisors for consistently demonstrating a strong work ethic and maintaining a high standard of patient care across different units.
- Instrumental in organising and participating in therapeutic and recreational activities for patients, contributing to overall well-being and aiding in recovery journey.

ADDITIONAL EXPERIENCE

Healthcare Assistant Intern, City Health Clinic, Birmingham | 2018

- Assisted in taking vital signs and learned to use medical equipment effectively. Observed and participated in various procedures, learning about infection control practices.

EDUCATION

Diploma in Healthcare Assistance

2018

City College, London